

METHODOLOGICAL LESSONS

VOCATIONAL TRAINING. This strategy includes the acquisition of so-called **key competencies**: set of knowledge, skills and attitudes appropriate for the context: language, general knowledge, knowledge of space and resources, etc. **Specific skills for vocational training**: they are the set of knowledge, skills and attitudes specific to the performance of certain jobs and **development of emotional intelligence and social skills**.

*a. **High technical and pedagogical training for teachers.** Vocational training is adapted to the academic and professional level of the participants; teachers in addition to transmitting knowledge are concerned with the emotional state and improving attitudes of each person.*

*b. **Holistic view of the learner.** The personalization of the learning and the socialization of students is an important part of the training process. We can summarize by saying that close teachers are the ones that takes a holistic view of each student.*

*c. **Learning professional procedures.** Learning is very close to production (real environments, importance of knowing how to proceed...).*

*d. **Self-guided learning.** Each participant is involved in their own learning process, participating in the planning and evaluation of their own process.*

*e. **Self-directed learning.** The necessary conditions are created for students to become teachers of a section of the contents. Developing the potential of teaching and learning.*

*f. **Occupational diversification.** It has facilitated the opening, choice and training*

of women in technical professions demanded in the labour market, mostly performed by men.

EMPOWERMENT. Understood as the process by which we assume and take responsibility for the guidance and control of our own life path.

In the case of women, it involves awareness of how gender affects the daily life of the people, to our life, limiting the development of our potential and hampering the resolution of our problems and needs from a limiting and limited perspective.

*a. **The importance of key competencies.** The acquisition of personal resources is essential, students from abroad to learn a second language, social skills, access to the available resources.*

*b. **Developing creativity.** Openness to new ideas and experimentation in new scenarios, behaviours and/or innovative thinking styles to meet vital needs and professional aspirations.*

*c. **Collective development of personal and professional changing processes.** It has favoured joint action by women who are in the same situation. To experience that there are other people who are in a similar situation. Peer learning is also considered a powerful resource.*

*d. **Positive visualization of the processes of empowerment.** There has been generated a process where women go for the private economic activity and semi-hidden to the public and professional visibility of their occupations in the fields of activity of the promoters of projects (presentations, exhibitions, parades ...).*

ENTREPRENEURSHIP AND SELF-EMPLOYMENT. It is closely linked to the start up and development of the company, by one person (single self-employment) or several people (collective self-employment).

a. *Prior analysis to the implementation.* The initiative has taken into account the proximity of the previous ideas and the current market; analysis of the business environment and cyclical perception about the real possibilities of undertaking (necessary attitudes and skills); attitude to failure.

b. *Acquisition of entrepreneurial skills.* Training period that allows new entrepreneurs to learn the different aspects related to the implementation of their new business in a "protected" environment (avoid starting up errors, improve the business project, creating networks of cooperation).

c. *Business mentoring.* Learning from other business people for a period of between one and three years before the company is sustainable in itself.

d. *Financial support.* Microcredit, seed capital, availability of existing resources.

e. *Social enterprises.* Generating companies with vocation *insertion* of specific groups and/or promotion of *consumerist practices* and/or *collective management* of the company.